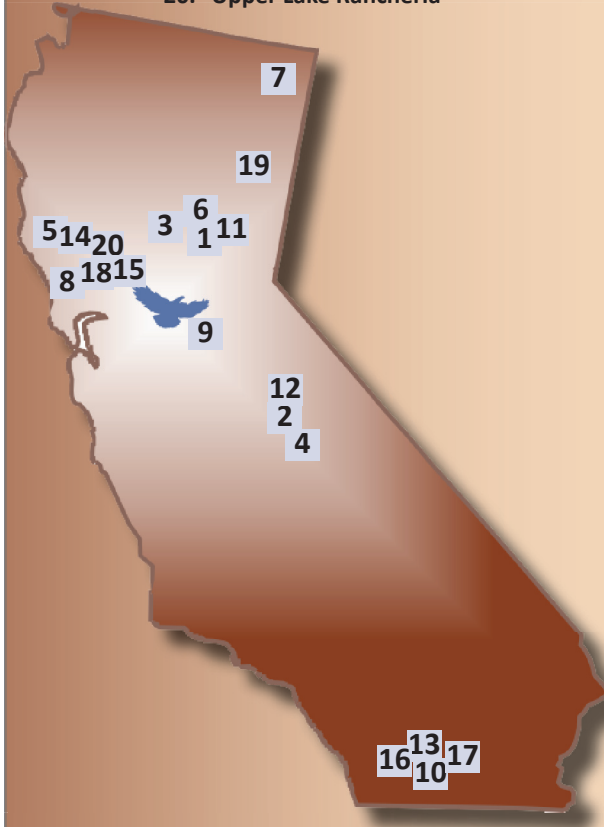


SERVICE AREA

CIMC Elders Program Services are available at:

1. Berry Creek Rancheria
2. Big Sandy Rancheria
3. Chico/Mechoopda Rancheria
4. Cold Springs Rancheria
5. Coyote Valley Reservation
6. Enterprise Rancheria
7. Fort Bidwell Reservation
8. Hopland Rancheria
9. Ione Reservation
10. La Jolla Reservation
11. Mooretown Rancheria
12. North Fork Rancheria
13. Pauma Reservation
14. Redwood Valley
15. Robinson Rancheria
16. San Pasqual Reservation
17. Santa Ysabel Reservation
18. Scotts Valley Rancheria
19. Susanville Rancheria
20. Upper Lake Rancheria



*The CIMC Movement:
Creating Positive Change
for Native Communities*



CALIFORNIA INDIAN MANPOWER CONSORTIUM, INC.

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ACL / AoA Administration for Community Living / Administration on Aging Elders Program



CALIFORNIA INDIAN MANPOWER CONSORTIUM, INC.



CIMC

The California Indian Manpower Consortium, Inc. (CIMC) administers seven grants funded through the U.S. Department of Health and Human Services, Administration for Community Living / Administration on Aging. The grants for the Elders Program are authorized in Title VI of the Older Americans Act.

Our Nutrition program is designed to



provide a comprehensive and coordinated system of supportive and nutritional services for eligible Indian elders. Each service responds to locally identified needs and improves the quality of life of the elders.

SERVICES

- Congregate Meals
- Home Delivered Meals
- Information and Assistance
- Physical Fitness
- Recreation

BENEFITS

- Improve Nutritional Status
- Reduce Isolation through Social Interaction/ Visitation
- Improve Quality of life
- Promote Independence

ELDERS

THE NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

The enactment of the Older Americans Act Amendments of 2000 (Public Law 106-501) established an important new program, the National Family Caregiver Support Program. The Program was developed by the Administration on Aging of the U.S. Department of Health and Human Services. It calls for all States, working in partnership with area agencies on aging and local community service providers to have five basic services for family caregivers including:

1. Information to caregivers about available services
2. Assistance to caregivers in gaining access to services
3. Individual counseling, organization of support groups, and caregiver training to caregivers to assist the caregivers in making decisions and solving problems related to their caregiver roles
4. Respite care to enable caregivers to be temporarily relieved from their caregiving responsibilities
5. Supplemental services, on a limited basis, to complement the care provided by caregivers

PROGRAM

CAREGIVER SERVICES

PERSONAL SERVICES

- Bathing
- Dressing
- Eating
- Mouth Care
- Skin Care
- Toileting
- Grooming
- Hair Care
- Bed Making

HOMEMAKER SERVICES

- House Cleaning
- Meal Preparation

CHORE SERVICES

- Heavy Cleaning
- Yard Work Maintenance

TRANSPORTATION

- Medical Appointments
- Shopping for Food / Clothing
- Obtain Medical Supplies
- Purchase and Maintain Household Items
- Other Errands

